

Kilby St Mary's C of E Primary School

PSHE and RSE Curriculum Overview 2023-2024

	Autumn	Spring	Summer	
EYFS	Myself and My Relationships Beginning	Citizenship	Healthy & Safer Lifestyles	
	and Belonging (BB F)	Identities and Diversity (ID F)	My Body and Growing Up (BG F)	
	Citizenship	Healthy & Safer Lifestyles	Healthy & Safer Lifestyles	
	Me & My World (MW F)	Healthy Lifestyles (HL F)	Keeping Safe (KS F)	
	Myself and My Relationships My		Myself and My Relationships	
	Emotions (ME F)		Family and Friends (FF F)	
Year 1	Myself and My Relationships Beginning	Citizenship	Healthy & Safer Lifestyles	
	and Belonging (BB 1/2)	Diversity and Communities (DC 1/2)	Relationships and Sex Education (RS 1)	
	Citizenship	Healthy & Safer Lifestyles		
	Working Together (WT 1/2)	Healthy Lifestyles (HL 1/2)	Myself and My Relationships	
			Managing Safety and Risk (MSR 1/2)	
	Myself and My Relationships		Myself and My Relationships	
	My Emotions (ME 1/2)		Digital Lifestyles (TG)	

Year 2	Myself & My Relationships Family and Friends (FF 1/2) Myself & My Relationships Anti-bullying (AB 1/2) Citizenship Rights, Rules & Responsibilities (RR 1/2)		Healthy & Safer Lifestyles Drug Education (DE $\frac{1}{2}$) Healthy & Safer Lifestyles Personal Safety (DE 1/2)		Healthy & Safer Lifestyles Relationships and Sex Education (RS 1/2)								
					Myself & My Relationships Managing Change (MC 1/2) Economic Wellbeing Financial Capability (FC 1/2)								
							Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B	
							Year	Myself and My	Citizenship	Myself and My	Myself & My	Citizenship	Economic
							3/4	Relationships	Rights, Rules &	Relationships	Relationships	Diversity and	Wellbeing
							57 1	Beginning and	Responsibilities (RR	My Emotions	Managing Change	Communities (DC	Financial
	Belonging (BB 3/4)	3/4)	(ME 3/4)	(NC 3/4)	3/4)	Capability (FC 3/4)							
	Myself & My	Citizenship	Healthy & Safer	Healthy & Safer	Healthy & Safer								
Myself and My	Relationships Family	Working Together	Lifestyles	Lifestyles	Lifestyles								
Relationships	and Friends (FF 3/4)	(WT 3/4)	Managing Safety	Personal Safety	Drug Education								
Family and			and Risk (MSR	(PS 3/4)	(DE 3/4)								
Friends (FF 3/4)			3/4)										

Year 5/6	Citizenship Rights, Rules & Responsibilities (RR 5/6)	Myself & My Relationships Anti-bullying (AB 5/6)	Health & Safer Lifestyles Personal Safety (PS 5/6)	Health & Safer Lifestyles Managing Safety & Risk	Myself & MY Relationships Managing Change (MC 5/6)	Economic Wellbeing Financial Capability (FC 5/6)
	Health & Safer Lifestyles Digital Lifestyles (TG)	Citizenship Diversity and Communities (DC 5/6)	Myself & My relationships My Emotions (ME 5/6)	Health & Safer Lifestyles Drug Education (DE 5/6)	Citizenship Working together (WT 5/6) Health & Safer lifestyles Relationships and Sex Education (RS 5)	Myself & My Relationships Family and Friends (FF 5/6) Health & Safer lifestyles Relationships and Sex Education (RS 6)