



## **Early Years Curriculum at Kilby St. Mary's**

At Kilby St. Mary's we pride ourselves on creating strong, caring and personal relationships with all our children and their families. We provide an exciting and varied curriculum, with lots of opportunities to learn through play, interaction and exploration. This ensures a secure foundation on which to build each child's individual learning and development journey and allows each child to make the most of their abilities and talents as they grow up.

We use the seven areas of learning and development in the EYFS statutory framework to shape the educational programmes we offer in our early years setting. These areas of learning and development are inter-connected and much of the learning that takes place involves multiple areas of development.

The seven areas of learning are:

### **Prime areas**

These three areas are particularly important for building a foundation for igniting children's curiosity and enthusiasm for learning, forming relationships and thriving. These are:

- communication and language
- physical development
- personal, social and emotional development

### **Specific areas**

These four areas strengthen and apply the prime areas. These are:

- literacy
- mathematics
- understanding the world
- expressive arts and design

## **PSHE provision in EYFS**

PSHE provision in our EYFS is covered in the 'Personal, Social and Emotional Development' (PSED) area of the statutory framework for EYFS.

PSED is crucial for children to lead healthy and happy lives, and is fundamental to their cognitive development. Underpinning their personal development are the important attachments that shape their social world. As our children experience strong, warm and supportive relationships with all our adults they are safe to learn how to understand their own feelings and those of others. We support our children to learn how to manage their emotions, develop a positive sense of self, set themselves simple goals, have confidence in their own abilities, to persist and wait for what they want and direct attention as necessary. We follow the Cambridge scheme and through adult modelling and guidance, we help our children to learn how to look after their bodies, through healthy eating, exercise and managing their personal needs independently. Through supported interaction with other children, our children learn how to make good friendships, co-operate and resolve conflicts peaceably. These attributes will provide a secure platform from which our children will achieve at school and in later life.

Children in Reception will be learning to:

- See themselves as a valuable individual.
- Build constructive and respectful relationships.
- Express their feelings and consider the feelings of others.
- Show resilience and perseverance in the face of challenge.
- Identify and moderate their own feelings socially and emotionally.
- Think about the perspective of others.
- Manage their own needs:
  - Personal hygiene
- Know and talk about the different factors that support their overall health and wellbeing:
  - Regular physical activity
  - Healthy eating
  - Toothbrushing
  - Sensible amounts of 'screen time'
  - Having a good sleep routine
  - Being a safe pedestrian

Assessment is ongoing and integral to the child's learning and development process and then shapes the teaching and learning experiences offered. We use Evidence Me to capture ongoing observations of the child's learning to support our understanding of each child's learning journey.

At the final term of the EYFS year the **Early Years Foundation Stage Profile** (EYFSP) is completed for each child. It measures the child's learning and development against the **Early Learning Goals** (ELG). This provides parents and carers, practitioners and teachers with a well-rounded picture of a child's knowledge, understanding and abilities, their attainment against expected levels, and their readiness for year 1.

**ELG: Personal, Social and Emotional Development Self-Regulation**

Children at the expected level of development will:

- Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly;
- Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate;
- Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.

**ELG: Managing Self**

Children at the expected level of development will:

- Be confident to try new activities and show independence, resilience and perseverance in the face of challenge;
- Explain the reasons for rules, know right from wrong and try to behave accordingly;
- Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.

**ELG: Building Relationships**

Children at the expected level of development will:

- Work and play cooperatively and take turns with others;
- Form positive attachments to adults and friendships with peers;
- Show sensitivity to their own and to others' needs.