

## Kilby St Mary's C of E (Aided) Primary School

### About Our PSHCE and RSHE Curriculum

Sections	Summary Evaluation
<p><b>1</b></p> <p><b>Introduction: Subject Vision</b> Why do we teach what we teach?</p>	<p>PSHCE helps children to develop the knowledge, understanding, skills and attitudes they need to live confident, healthy, independent lives, now and in the future, as individuals, citizens, workers and parents. It is embedded within wider learning to ensure that children learn to develop resilience and healthy relationship skills, which they will practise and see enacted in the school environment. We want to support our pupils to become healthy, independent and responsible members of society. We aim to help them understand how they are developing personally and socially, and tackle many of the moral, social and cultural issues that are part of growing up. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.</p>
<p><b>2</b></p> <p><b>Curriculum</b></p> <ul style="list-style-type: none"> <li>• <b>Intent</b> (Included reference to SEND and disadvantaged pupils)</li> </ul>	<p>Many aspects of our PSHCE provision are statutory, as part of Relationships Education and Health Education. However, there are other areas which we consider important for our children. These areas are not statutory, but we will teach them in the wider context of our PSHCE provision to meet the needs of our children. We do not seek to teach Relationships Education and Health Education as separate subjects, but integrated through the topics we cover in our broader PSHCE programme. All staff draw their planning and resources from the Cambridgeshire PSHCE service, carefully selecting the content most appropriate for their pupils.</p> <p>We aim</p> <ul style="list-style-type: none"> <li>• To enhance skills for communication, empathy and healthy relationships which underpin both success in learning and positive relationships</li> <li>• To support the development of resilience, self-esteem, self-efficacy and aspiration</li> <li>• To offer accurate and relevant knowledge to support decisions about personal wellbeing and health</li> <li>• To explore the relevance of knowledge for personal situations and decision making</li> <li>• To offer opportunities to explore, clarify and if necessary challenge, their own and others' values, attitudes, beliefs, rights and responsibilities</li> <li>• To offer the skills and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives.</li> </ul>
<ul style="list-style-type: none"> <li>• <b>Implementation</b></li> </ul>	<p>Our PSHE and Citizenship programme (which is covered through the taught curriculum and our wider provision) includes teaching and learning within the following strands and themes:</p> <p>Myself and My Relationships: including My Emotions, Beginning and Belonging, Anti-bullying, Family and Friends and Managing Change.</p> <p>Healthy and Safer Lifestyles: including Personal Safety, Digital Lifestyles, Drug Education, Relationships and Sex Education, Healthy Lifestyles and Managing Safety and Risk (including Road Safety).</p> <p>Citizenship: including Diversity and Communities, Rights, Rules and Responsibilities and Working Together.</p> <p>Economic Wellbeing: including Financial Capability.</p> <p>Lessons are carefully planned to be developmentally appropriate and are delivered sensitively and inclusively. PSHCE sessions are held with staff members the pupils feel comfortable with and in an environment that is conducive to discussion and questioning.</p>

	<ul style="list-style-type: none"><li>• <b>Impact</b> (Included reference to SEND and disadvantaged pupils)</li></ul>	
<b>4</b>	<b>What does a good learner look like on leaving Kilby St Mary's?</b>	